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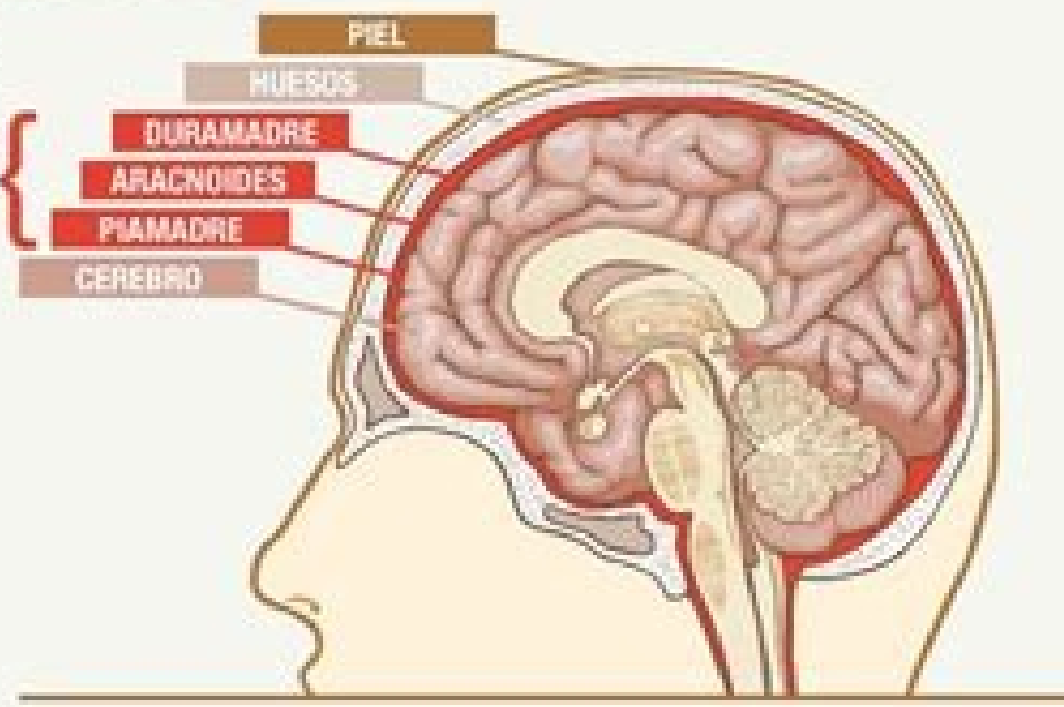
# PRECAUCIONES PARA EVITAR EL CONTAGIO DE MENINGITIS

Información relevante emitida por el Ministerio de Salud del Gobierno de Chile. La docente de la Universidad San Sebastián, Bárbara Alfaro, nos explica los aspectos básicos de esta enfermedad y nos entrega medidas de prevención en caso de no contar con la vacuna adecuada.

**LA MENINGITIS** es una enfermedad causada por la acción de una **bacteria, virus e incluso algunas sustancias químicas**; que provocan la inflamación de las membranas que recubren el cerebro, llamadas **MENINGES**

## MEDIDAS DE PREVENCIÓN

- Ventilar ambientes con alta concentración de personas y evitar lugares hacinados
- Mantener una buena higiene del hogar.
- Evitar el humo del tabaco.
- Realizar lavado de manos frecuentes.
- Mantener un buen estado de higiene bucal y personal.
- Cubrirse la boca y la nariz al toser o estornudar.
- Evitar el intercambio de saliva a través de chupetes, maderas, juguetes, vasos u otros utensilios.
- Evitar o disminuir el contacto de niños o ancianos con personas resfriadas.



Puede ser grave y tener variadas complicaciones según los agentes que la causan: **virus, bacterias, hongos y parásitos, entre otros**. Actualmente, el aumento de casos se da en el tipo producido por la **bacteria W-135**.

## SÍNTOMAS

- Fiebre alta, náuseas o vómitos
- Sensibilidad a la luz (fotofobia)
- Dolor de cabeza intenso y cuello rígido
- Convulsiones

EN CASO DE PRESENTAR SÍNTOMAS, CONSULTAR A UN SERVICIO DE URGENCIA PARA INICIAR EL TRATAMIENTO LO ANTES POSIBLE.

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### ¿Qué es la Meningitis Bacteriana?

Es la inflamación de las membranas que circundan el cerebro y la médula espinal, conocidas como meninges, causada por una infección producida por una bacteria. Se trata de la más severa de las meningitis.



## Síntomas principales de la Meningitis



Como parar de ressonar. Como prevenir la meningitis. Que es meningitis bacteriana. Como se contrae meningitis bacteriana.

They can also be administered liquid to compensate those who lost by fever, sweat, vain and lack of appetite. Vaccines Ordinary vaccines can do much to avoid meningitis. If your child is near a person who has suffered a meningitis, call the doctor to ask if it would be advisable to administer some kind of preventive medication. Avoid direct contact with people who are clearly ill and do not share with them foods, drinks or utensils to eat. Most cases of meningitis concludes within a period of 7 to 10 days. If you realize the symptoms that make you suspect that your child could have a meningitis, it is important that he will take it to the doctor immediately. Many of the viruses that cause meningitis are frequent, like those that cause colds, diarrhea, heaters and flu. If treatment is started quickly, meningitis can be resolved in a satisfactory way. The complications of bacterial meningitis can be better and include neurological problems, such as auditory (or hypoacusias), visual deterioration, convulsions and learning distances. How is meningitis about meningitis? It can be very difficult to comfort them and reassure them, even when an adult brings them to the arms and acuna. In the contemporary, the most frequent bacterias are the streptococci of group B, Escherichia coli (or E. coli) and meningococcus. The type of bacteria that causes the infection to determine the antibiotic that is Children with more than 10 years have an increased risk of infection should receive this vaccine. Immediate aid if you suspect that your child can suffer from meningitis or if presenting the following symptoms: vomiting the cephalay fatigue or the rigidity of the confusion of the eruption of the neck and the fever Baby with fever, irritability and that he does not feed well should be seen well for a doctor immediately. In certain cases, medications prescribe antibiotics to those who have been in direct contact with a person suffering from bacterial meningitis, to help prevent this infection. Is it possible to avoid meningitis? What is bacterial meningitis? Bacterial meningitis is the inflammation of meninges (membranes covering cerebral and spinal media) caused by an infection produced by a bacterium. This disease should be treated as a hand emergency that requires immediate treatment in the hospital, as it is serious and can cause deficiencia and to death. Both types of meningitis, bacteria and viral, are contagious as most other infections: an infected person plays, kisses, coughs or sneezes about another person who was not infected. In larger children, causative bacterias tend to be pneumoniae streptococci (pneumococcus) and neisseria meningitidis (meningococcus). Some people may need treatment in a hospital, although most children are generally recovered at home if they do not get too sick. Viral meningitis meningitis (also called asset meningitis) is more frequent than bacterial and is usually less severe. Antibiotics can treat bacterial meningitis. Scientists are unaware of the reasons why people get an infection like meningitis. Bacterial meningitis is not transmitted by casual contact. You're here: Meningitis is the inflammation of the slim tissue around the brain and spinal gap, called meninge. People who do not present a greater risk can be vaccinated between 16 and 23 years (ideal is to do this between 16 and 18 years, which is when the risk of infecting is larger). The vaccines against infection by Hib Bacteria, Measles, Caxumba, Polyomyelitis and Pneumococcus can protect against the forms of meningitis caused by these branches. The symptoms of meningitis vary, in function of the person's age and when the cause of the infection. Children with more than 11 years have not been vaccinated, should also be vaccinated, especially if they are going to university, a pension or school, a camp or other places where they live with others Closed and reduced spaces. Other medications can help treating other symptoms. Bacterial meningitis is rare, but it can be deadly. Exams for diagnosing meningitis include blood analysis, image tests and a spinal punishment to examine cerebrospinal fluid. Children between 2 months and 11 years of age who carry out an increased risk of infection should receive the conjugated meningococcal vaccine (grinding, by their acronym in English), including those living or travel to countries where infection is common. They have certain immune. The disturbances are present during a bud that a new type of vaccine was developed, called a MenB - MenB is a vaccine that protects against a type of meningococcal bacteria not covered by the old vaccine. Talk to a health professional if you have doubts about your health. What problems can happen? They can also have fever and prominent or bulky harasses in their plumbing. The first symptoms of meningitis can achieve several days after having a (or cold), diarrhea, VÁmito or other signs of infection. Anyone can get meningitis, but it is more common in people with weak immune systems. These bacteria usually cause other infections that are not meningitis, such as pain in tooth, sore throat or infection of paranasal breasts. Bacterial meningitis can be very much. If the media diagnosing a bacterial meningitis, or suspecting this disease, they will administer the antibiotic patient by intravenously (vi) as fast as possible. This test will show any signs of inflammation and if the infection is due to a vary or a bacterial. EN Some Cases of Bacterial Meningitis, La Bacteria Llega Hasta Lasinges from UN CraneoEncéncessfálico Trauma Record the one of a serious local infecciÁn, such as one of the infection of o (Sinusitis). When should he call the doctor? Meningite can be very fast aggravated. coli) Y, Con / LITERIA Monocytogenes. Los Virus u honors pueden cause other types of meningitis. Es Muy Important UN Treatment Precoz to avoid otros salud problems that causes La Meningitis bacterial. Ahá © es es es AuditiÁn The Visual Sorderopedimento The bladder of the cerebralambiÁn AN If Peden sees affected El CorazÁn, LOS RIÁn ± ONES Y LAS SUPARRENALES. Muchos de los virus y of las bacteria that causes la meningitis son quite frecuentes y tamiÁn © n causan other ordinary nysty. Aunque If Peden producing problems of Salud Graves. La Mayoría de Las Personas recovers completely Haber Haber Tenido Meningitis bacterial.As contagious La Meningitis bacterial? of bacterial meningitis are contagious and can be transmitted when a person infected cough or splashes. It can cause a spill, deafness and brain injuries. Treatment, oriented to relieve symptoms, includes rest, liquids and anti-pain paint (or analgesic) for sale without media recipe. The decision to receive the MenB vaccine should be taken in conjunction with the doctor. Since hearing loss is a frequent complication of bacterial meningitis, people who have suffered this disease should be tested as an audience after recovery. The heart, plattform and adrenal glands also can be affected, depending on what is the cause of infection. Some girls with respiratory difficulties may need additional oxygen or a mechanical respirator. It usually begins with bacteria that cause similar influenza infections. Antiviral medications can help with some types of viral meningitis. Treatment is recommended for the following people: home people and children who frequency cries who have contacted direct contact with the patient saliva by sharing cutlery or toothbrushes, or through travel kisses or those people who are sitting next to the patient during a vain that lasted more than 8 hours of health who have direct contact with the saliva of the patient of workers, classes or anyone else who did not have contact with saliva From a person with bacterial meningitis does not require preventive treatment. What should I do if I or anyone who knows has the symptoms of meningitis? People who have symptoms of meningitis should communicate with their motherhood or address to the emergency room. Where can I get more information? Communicate with your Or with the Epidemiology office of Clark County Saude District (702) 759-1300. You should seek a medical attention immediately if you present: a strong fever strong stiffness of headache in the nurse of the neck or vicete the early treatment can help prevent problems including death. The two main types of this disease are streptococcus pneumoniae and neisseria meningitidis. When the symptoms of meningitis? Among the symptoms of any type of meningitis are found: high high headache and chill. Vomitososomolencaconfusconvulsions can be difficult to detect symptoms in small babies and children, as they can only include: downturn or decrease in adult appetizers in adults as in children symptoms can be presented in a few hours or after several days. What is the treatment for bacterial meningitis? There are several used antibiotics - a €

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